



Spring 2017

## Guidelines for Howell Township Athletics

**All Sports Physicals dated on March 21, 2016 or after will be accepted for spring sports.**

1. Sports Physical Examinations (Pre-Participation Physical Evaluation-PPE) need to be completed yearly by law. The PPE may only be completed by a licensed physician, advanced practice nurse or physician assistant that has completed the Student-Athlete Cardiac Assessment professional development module. **The physician must sign the physical exam form and the statement indicating that they have completed the Cardiac Assessment professional development module or paperwork will be considered incomplete and will be returned.** (Physician information form included in packet)
2. The History Form must be completed and signed by the parent/guardian **AND** athlete and brought to the medical provider at the time of the physical examination. In addition, if you have a student with special needs, the supplemental history must be completed and signed. The medical provider must review the medical history form.
3. The entire packet must be filled out in its entirety. **Incomplete forms will be returned.**
4. The Sudden Cardiac Death in Young Athletes and the Sports-Related Concussion and Head Injury Fact Sheets are to be kept by the parent/guardian. The sign-off sheet to acknowledge receipt of both – must be signed by both parent/guardian and student and returned with the packet.
5. In addition, prior to each sport season a parent/guardian must complete a medical update for their child. This form is only available in school and is color-coded for each season.

**Fall: Green**

**Winter: Blue**

**Spring: Yellow**

6. Howell Township Middle Schools have three sports seasons. **Fall**-Field Hockey, Soccer, Cross Country; **Winter**-Cheerleading, Basketball, Wrestling; **Spring**-Track & Field, Softball, Baseball.
7. **March 3, 2017 is the deadline for Spring Physicals; this deadline will be strictly enforced.**
8. Please return Physical Forms to the school your child will be attending for the 2016-2017 school year.