

May 2018

Elementary School Lunch Menu



Lunch Prices

Lunch Meal \$2.85
Reduced Meal \$.40
*Menu Subject to Change

Milk

1% White, Fat Free White, Fat Free Chocolate, Fat Free Strawberry



Daily Alternates

Hot Dog on a Whole Wheat Roll
Garden Salad with Ham, Turkey or Cheese
Grab & Go Bagel Lunch
Assorted Deli Sandwiches



Monday

Food Service Department is Now Accepting Applications for Employment
To apply online, got to www.howell.k12.nj.us website and click on employment to fill out an application

7

Chicken Patty on WGR Roll
Three Bean Salad
Pineapple Tidbits

14

Cheese Steak on a Hoagie Roll
Oven Baked Fries
Chilled Peaches

21

Chicken Nuggets
Dinner Roll
Vegetable Sticks
Chilled Applesauce

28

School Closed

Tuesday

Nachos Grande

1

Seasoned Meat, Cheese Sauce and Salsa over Tortilla Chips
Black Bean Salad
Choice of Fresh Fruit

8

Grilled Cheese Sandwich
Baby Carrots with Ranch Dip
Cinnamon Applesauce

15

Mozzarella Sticks with Marinara Sauce
Cucumber Rounds
Chilled Pears

22

Hamburger/Cheeseburger On a Whole Wheat roll
Baked Beans
Frozen Fruit Cup

29

Turkey Sandwich
Vegetable Sticks with Ranch Dip
Frozen Fruit Cup

Wednesday

Oven Baked Chicken Dinner Roll
Mashed Potatoes with Gravy
Mandarin Oranges

9

Pasta with Meatballs
Garlic Bread
Steamed Broccoli
Fresh Orange

16

Soft or Hard Taco
Seasoned Meat and Cheese
Salsa
Black Beans
Mandarin Oranges

23

Chicken Fajita
Rice
Steamed Broccoli
Chilled Peaches

30

Breakfast for Lunch
French Toast Sticks
Sausage
Sweet Potato Tots
Choice of Fruit Juice

Thursday

Hamburger/Cheeseburger On a Whole Wheat roll
Sweet Potato Fries
Frozen Fruit Cup

10

Breakfast for Lunch
French Toast Sticks
Sausage
Potato Tots
Choice of Fruit Juice

17

Popcorn Chicken
Carrot Coins with Ranch Dip
Choice of Fresh Fruit

24

Oven Baked Chicken
Mashed Potatoes with Gravy
Mandarin Oranges
Teddy Grahams

31

Cheese Steak on a Hoagie Roll
Caesar Salad
Chilled Pears
Fresh Baked Cookie

Friday

Cheese Pizza
Garden Salad
Chilled Fruit

11

Cheese Pizza
Caesar Salad
Fresh Apple

18

Cheese Pizza
Caesar Salad
Fresh Apple

25

Cheese Pizza
Baby Carrots with Ranch Dip
Choice of Fresh Fruit

"This institutions an equal oppourtunity provider." "El USDA es UN proveedor y empleador que ofrece igualdad de oportunidades".