

May 2018

Middle School Lunch Menu



Lunch Prices

Lunch Meal \$2.85
 Reduced Meal \$.40
 *Menu Subject to Change

Milk

1% White, Fat Free White, Fat Free Chocolate, Fat Free Strawberry



Daily Alternates:

Monday: Cheese Pizza
Tuesday: Cheese Steak
Wednesday: Hamburger/Cheeseburger
Thursday: Hot Dog on Whole Wheat Roll
Friday: Grilled Cheese

Assorted Salads & Sandwiches Offered Daily



Monday

Food Service Department is Now Accepting Applications for Employment
 To apply online, got to www.howell.k12.nj.us website and click on employment to fill out an application

Tuesday

Wednesday

Thursday

Friday

7
 Chicken Patty on WGR Roll
 Three Bean Salad
 Pineapple Tidbits

8
 Grilled Cheese Sandwich
 Baby Carrots with Ranch Dip
 Cinnamon Applesauce

9
 Pasta with Meatballs
 Garlic Bread
 Steamed Broccoli
 Fresh Orange

10
Breakfast for Lunch
 French Toast Sticks
 Sausage
 Potato Tots
 Choice of Fruit Juice

11
 Cheese Pizza
 Caesar Salad
 Fresh Apple

14
 Cheese Steak on a Hoagie Roll
 Oven Baked Fries
 Chilled Peaches

15
 Mozzarella Sticks with Marinara Sauce
 Cucumber Rounds
 Chilled Pears

16
Soft or Hard Taco
 Seasoned Meat and Cheese
 Salsa
 Black Beans
 Mandarin Oranges

17
 Popcorn Chicken
 Carrot Coins with Ranch Dip
 Choice of Fresh Fruit

18
 Cheese Pizza
 Caesar Salad
 Fresh Apple

21
 Chicken Nuggets
 Dinner Roll
 Vegetable Sticks
 Chilled Applesauce

22
 Hamburger/Cheeseburger
 On a Whole Wheat roll
 Baked Beans
 Frozen Fruit Cup

23
 Chicken Fajita
 Rice
 Steamed Broccoli
 Chilled Peaches

24
 Oven Baked Chicken
 Mashed Potatoes with Gravy
 Mandarin Oranges
 Teddy Grahams

25
 Cheese Pizza
 Baby Carrots with Ranch Dip
 Choice of Fresh Fruit

28
 School Closed

29
 Stromboli
 Vegetable Sticks with Ranch Dip
 Frozen Fruit Cup

30
Breakfast for Lunch
 French Toast Sticks
 Sausage
 Sweet Potato Tots
 Choice of Fruit Juice

31
 Cheese Steak on a Hoagie Roll
 Caesar Salad
 Chilled Pears
 Fresh Baked Cookie

"This institutions an equal oppourtunity provider." "El USDA es UN proveedor y empleador que ofrece igualdad de oportunidades".