

Daily Learning Planner

*Ideas parents can use to help students
do well in school.*

Howell Township Public Schools



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. It's Screen-Free Week. Have your child think of fun activities your family can do to replace electronic entertainment.
- 2. Improve your child's powers of observation. Ask her to describe a person she just passed on the street.
- 3. Do a library card "checkup." Does every member of the family have a card? If not, go sign up!
- 4. If your child gets nervous before tests, a pep talk can help: Say, "You know it. You studied hard. You can do it."
- 5. Schedule some one-on-one time with your child.
- 6. Does your child want to play a musical instrument? Encourage him.
- 7. Ask your child to draw a cartoon.
- 8. Help your child see that exercise reduces stress. Shoot some hoops or take a walk together.
- 9. Quiz family members on geography.
- 10. Don't let your child stay home alone for too long. Middle schoolers need adult supervision.
- 11. Patiently explain the reason for a rule your child doesn't like.
- 12. Challenge your child to create a recipe and write it down. Try it out.
- 13. Visit the library with your child. Check out a book that will make you both laugh.
- 14. Make a decision as a family. This encourages cooperation and communication.
- 15. Ask your child to donate some of her time to volunteering.
- 16. Have family members name their heroes and explain why they think the people are special.



- 17. Encourage your child to read a biography of a person he admires.
- 18. Have your child choose audio books to listen to in the car.
- 19. Look at family photos with your child. Tell stories about her relatives.
- 20. Make plans together to celebrate your child's completion of another school year.
- 21. Give your child a math-related household task to do. Can he calculate the average monthly amount your family spends for electricity?
- 22. Talk with your child about qualities that make a good friendship.
- 23. Open the dictionary to a random page. What new words can your child find there?
- 24. Learn about the dangers of inhalant abuse. Explain them to your child.
- 25. Ask your child to tell you her favorite time of day, and why she likes it.
- 26. Make a positive comment about one of your child's friends today.
- 27. Watch your child's favorite TV show with him. Ask questions, such as "What would you have done in that situation?"
- 28. Discuss your child's accomplishments over the past school year.
- 29. Challenge your child to do some spring cleaning. Help her find new ways to organize her room.
- 30. Tell your child one thing you admire most about him as a student.
- 31. Give your child an allowance. Make her responsible for buying and saving for certain things.

Helping Students Learn

Tips Families Can Use to Help Students Do Better in School

