



Tween Self-Esteem

This program is for seventh and eighth grade girls and their mothers. It will focus on how to make healthy life choices and the changes girls go through during their teen years.

Fashion show provided by **Lola's** in Manalapan, skin and hair care tips from **Metro Salon** in Howell.

Light dinner, giveaways and more.

This event is **FREE** but Registration is required.

Join us on

**Tuesday, December 27, 2016
6:00 P.M. – 8:30 P.M.**

Presented by:

Marilyn Loh Collado, M.D.

**Howell Community Enrichment Center
Southard School**

115 Kent Road, Howell

(Entrance on Lanes Mill Rd. next to Wal-Mart)

For more information and to register, call
1-800-560-9990 or visit HackensackMeridian.org

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HackensackMeridianHealth.org